



# DIACON 2018

Accredited for CME Credit Hours by Medical Council of India

Organizing Chairman Dr. Banshi Saboo  
Org. Secretary Dr. Hardik Chandarana

21-23 September, 2018  
Hyatt Regency, Ashram Road  
Ahmedabad - Gujarat

Organized By:



Supported By:



## Organizing Committee

# DIACON<sup>2018</sup>



Patron  
Dr. S. M. Sadikot



President  
Dr. Nitin Suman Shah



Program Director  
Dr. Shashank Joshi



Chief Advisor  
Dr. A. K. Das



Mentor  
Dr. Asha N. Shah



Chairman  
Dr. Banshi Saboo

### National Coordinators

Dr. Sudhir Bhandari  
Dr. Jothydev Kesavadev  
Dr. Sunil Gupta  
Dr. Anuj Maheshwari  
Dr. Jayant Panda  
Dr. Mithun Bhartia

### Regional Coordinators

Dr. Pratap Jethwani  
Dr. Piyush Desai  
Dr. Chintan Vyas  
Dr. Parikshit Goswami  
Dr. Bhavesh Patel  
Dr. Rohan Patel

### Advisory Committee

Dr. Navneet Shah  
Dr. Shallesh Trivedi  
Dr. V. K. Abhichandani  
Dr. G. R. Badlani  
Dr. B. B. Solanki  
Dr. Jitendra Nagar

### Scientific Committee

Dr. Urman Dhruv  
Dr. TKM Eashwar  
Dr. Sanjeev Phatak  
Dr. Manish Agrawal  
Dr. Rucha Mehta  
Dr. Dharmendra Panchal

### Scientific Coordinators

Dr. Deepak Chudasama  
Dr. Dhrushi Hasnani  
Dr. Feny Patel

Dr. Mahira Kadri  
Dr. Rutul Gokalani  
Dr. Shruti Sheth

Dt. Smita Shah  
Dr. Vipul Chavda  
Dr. Viral Raj

### APG

Association of Physicians of Gujarat

President  
Dr. Anil Kulshrestha

Secretary  
Dr. Dhiren Patel

### GSFPF

Gujarat State Family Physicians Foundation

President  
Dr. Abhay Dixit  
Secretary  
Dr. Pragnesh Vachhrajani

## Chairman's Desk

Dear Colleagues and Friends,

Greetings from Dia Care !

Hope this will find you in best of your health and good spirit.

It is my great pleasure to have the honor of inviting or welcoming you for the 4th Annual Conference of Dia Care "**DIACON 2018**" being held from **21<sup>st</sup>-23<sup>rd</sup> September, 2018** at Hyatt Regency, Ashram Road, Ahmedabad, Gujarat.

This conference is a unique opportunity for diabetes related health professionals from across the country to share the latest scientific advances in the field of diabetes. We have invited more than 150 national & 5 international faculties who are experts in the field of diabetes and we would ensure that you will definitely cherish the scientific feast which will be provided you during 3 days. This conference will be great chance for innovative and new ideas to be heard and discussed. It will provide delegates and students with perfect setting to exchange research and best practice in diabetes prevention, education and treatment as part of scientific programme.

DIACON 2018, as the global voice of people with diabetes will always explore the topics regarding Type 1 Diabetes, Gestational Diabetes, Obesity and Nutrition, Diabetic foot, educator's workshop, prevention and dissemination of knowledge regarding diabetes. It will include workshops, lectures and debates which will provide a great opportunity for participants through creative and interactive sessions.

The conference will enable us to advance towards our common goals of preventing diabetes and improving the quality of life for people living with diabetes around the globe. It is my privilege to be hosting so many experts in the field of diabetes research and best practices.

I want to extend a warm welcome to everyone attending the Annual Conference of Dia Care on behalf of organizing committee of "DIACON 2018"

Looking forward to welcome you to India's 1<sup>st</sup> Heritage City - Ahmedabad !



Dr. Banshi Saboo  
Org. Chairman  
"DIACON 2018"

In Loving Memory for my beloved Mother



(1932 - 2018)

Dr. Banshi Saboo & Dia Care Family Misses You A Lot  
We are Happy to Announce And Accept Applications For  
**GEETADEVI DAMODARLAL SABOO YOUNG INVESTIGATOR AWARDS**

For Young Researchers In India

The Prestigious **Geetaadevi Damodarlal Saboo**  
Young Investigator Awards During **DIACON 2018**

1. The awards will be for young researchers and the original work should be unpublished at the time of submission.
2. The awards will carry a cash prize as mentioned below, medal, citation and travel grant.
3. He/she should be aged 40 years or less and can be from any speciality of medicine or a basic scientist or from any other branch of science or nutrition. The research should contribute to the science of diabetes care, treatment of complications or prevention.
4. Research should be original, entirely done in India and should enrich or contribute to original diabetes research in India.
5. Applicants should send their complete biodata and details of their research work to the following  
Email:[diacon2018@gmail.com](mailto:diacon2018@gmail.com)
6. Last date of submission will be August 10, 2018
7. Final decision will be taken by the Dia Care Award Committee members :  
Dr. A. K. Das (Puducherry), Dr. Asha N. Shah (Ahmedabad), Dr. Shashank Joshi (Mumbai) after intense scrutiny of all applications.



Accredited for CME Credit Hours By Medical Council of India  
Organizing Chairman: Dr. Banshi Saboo  
Org. Secretary: Mr. Harish Chandraker

21-23 September, 2018  
Multi Disciplinary Action Based  
Ahmedabad - Gujarat

# International Faculty

## DIACON 2018



**Prof. Roger Mazze (USA)**

- Founder : AGP Academy
- Head : WHO Collaborating Center
- IBM : University of Minnesota Medical School



**Simon Heller (UK)**

- Prof. of Clinical Diabetes: University of Sheffield
- Director: Research and Development
- Member: UK NICE Health Technology Assessment Panel  
-National Specialty Lead in Diabetes to the NICE Clinical Research Network
- Research Interest: Pathophysiological response to hypoglycaemia and hypoglycaemia unawareness.
- Chair: Glucose Control group of the ADVANCE trials



**Prof. Jaakko Tuomilehto (Finland)**

- MD, MA, PhD, FRCP(Edin)
- Chief Scientific Officer [CSO] : Doseman Diabetes Institute, Kuwait
- President : World Community for Prevention of Diabetes (WCPD)



**Prof. Ali Shiyani (UK)**

- Chair : IDF - South East Asia
- Former Clinical Assistant : IGMH



**Guy Todd Alonso (USA)**

- MD
- Primary Appointment : Assistant Professor of Pediatrics
- Director : Education for Pediatric Service
- Medical Director : Camp Colorado

## National Experts

Dr. Aravinda J	Bengaluru	Dr. K. K. Pareek	Kota	Dr. S. Srinivas	Hyderabad
Dr. A. G. Unnikrishnan	Pune	Dr. Kavita Gupta	Nagpur	Dr. S. V. Kulkarni	Mumbai
Dr. A. K. Das	Puducherry	Dr. KamlaKiran Tripathi	Varanasi	Dr. Samar Banerjee	Kolkata
Dr. A. K. Singh	Kolkata	Dr. Krishna Seshadri	Chennai	Dr. Sambit Das	Bhubneshwar
Dr. APS Suri	New Delhi	Dr. Lekha Pathak	Mumbai	Dr. Sameer Agarwal	Rohatik
Dr. Abhay Sahoo	Bhubneshwar	Dr. Lilly Rodrigues	Hyderabad	Dr. Samit Ghoshal	Kolkata
Dr. Abhijit Jadhav	Mumbai	Dr. M. C. Deepak	Chennai	Dr. Sandeep Methur	Jaipur
Dr. Abhishek Kulkarni	Mumbai	Dr. Mahendra Narwaria	Ahmedabad	Dr. Sandeep Tak	Jodhpur
Mr. Abhishek Shah	Mumbai	Dr. Manohar K. N.	Bengaluru	Dr. Sanjay Agarwal	Pune
Dr. Alok Kanungo	Bhubneshwar	Dr. Manoj Chawla	Mumbai	Dr. Sanjay Kalra	Karnal
Dr. Altamash Shaikh	Mumbai	Dr. Matheus John	Thrivandrum	Dr. Sanjay Reddy	Bengaluru
Dr. Ami Sanghvi	Mumbai	Dr. Mayura Kale	Aurangabad	Dr. Sanjeev Phatak	Ahmedabad
Dr. Amit Saraf	Mumbai	Dr. Meena Chhabra	New Delhi	Dr. Sanjiv Shah	Mumbai
Dr. Anand Shankar	Patra	Dr. Minal Mohit	Jalpur	Dr. Saurabh Mishra	Kanpur
Dr. Anil Bhoraskar	Mumbai	Dr. Mithun Bhartia	Guwahati	Dr. Shalini Jaggi	New Delhi
Dr. Anoop Misra	New Delhi	Dr. Nanditha Arun	Chennai	Dr. Shashank Joshi	Mumbai
Dr. Arun Bal	Mumbai	Dr. Neeta Deshpande	Belgaum	Dr. Shefali Karkhanis	Mumbai
Dr. Arun Shankar	Trivandrum	Dr. Nihal Thomas	Vellore	Dr. Shilpa Joshi	Mumbai
Dr. Arvind Gupta	Jaipur	Dr. Nikhil Tandon	New Delhi	Dr. Siddharth Das	Cuttack
Dr. Ashish Denga	Jabalpur	Dr. Prakash Keshwani	Jaipur	Dr. Siddharth N. Shah	Mumbai
Dr. Ashu Rastogi	New Delhi	Dr. Priya Balani	Mumbai	Dr. Soumik Goswami	Kolkata
Dr. Avani Shah	Mumbai	Dr. Puneet Saxena	Jaipur	Dr. Sudhir Bhandari	Jalpur
Dr. B. M. Makkar	New Delhi	Dr. Purvi Chawla	Mumbai	Dr. Sujeet Jha	New Delhi
Dr. Benny Negalur	Mumbai	Dr. Pramod Gandhi	Nagpur	Dr. Sujoy Ghosh	Kolkata
Dr. Balram Sharma	Jalpur	Dr. Rajesh Rajput	Rohtak	Dr. Sunil Gupta	Nagpur
Dr. Binayak Sinha	Kolkata	Dr. Rajiv Kovil	Mumbai	Dr. Supratik Bhattacharya	Kolkata
Dr. Deepak Jumanii	Mumbai	Dr. Rajnish Saxena	Ajmer	Dr. Suresh Damodaran	Coimbatore
Dr. G. Vijaykumar	Chennai	Dr. Rakhee Sahay	Hyderabad	Dr. Tejas Shah	Mumbai
Dr. G. D. Ramchandani	Kota	Dr. Raman Puri	New Delhi	Dr. Tirthankar Chaudhary	Kolkata
Dr. Hemant Thacker	Mumbai	Dr. Ramesh Goyal	Ahemedabad	Dr. Urman Dhruv	Ahmedabad
Dr. J. J. Mukherjee	Kolkata	Dr. Ranjit Unnikrishnan	Chennai	Dr. Vanisha Namdar	Baroda
Dr. J. S. Kumar	Chennai	Dr. Rishi Shukla	Kanpur	Dr. Vibhakar Vachrajani	Rajkot
Dr. Jaiprakash Sai	Hyderabad	Dr. Ritu Johri	Mumbai	Dr. Vijay Gang	Ujjain
Dr. Jasjeet Wazir	New Delhi	Dr. Ruby Sound	Mumbai	Dr. Vijay Negalur	Mumbai
Dr. Jayant Panda	Cuttack	Dr. Rucha Mehta	Ahemedabad	Dr. Vinay Dhandania	Ranchi
Dr. K. K. Gangopadhyay	Kolkata	Dr. S. K. Sharma	Jaipur	Dr. Vinay Mukherkar	Mumbai
		Dr. S. M. Sadikot	Mumbai	Dr. Vinod Mittal	New Delhi
		Dr. S. N. Narsingan	Chennai	Dr. Vipin Porwal	Ujjain
		Dr. S. R. Aravind	Bengaluru	Dr. Y. P. Munjal	New Delhi
				Dr. Y. Sadashiv Rao	Vijaywada

# Program Outline

Time	Day 1 (21st September, 2018)			Day 2 (22nd September, 2018)			Day 3 (23rd September, 2018)		
	Hall A	Hall B	Hall C	Hall A	Hall B	Hall C	Hall A	Hall B	Hall C
07:00AM - 07:30AM									
07:30AM - 08:00AM									
08:00AM - 08:30AM									
08:30AM - 09:00AM									
09:00AM - 09:30AM									
09:30AM - 10:00AM									
10:00AM - 10:30AM									
10:30AM - 11:00AM									
11:00AM - 11:30AM		Registration							
11:30AM - 12:00PM									
12:00PM - 12:30PM									
12:30PM - 01:00PM		Lunch							
01:00PM - 01:30PM									
01:30PM - 02:00PM	Warm up Session - Glucose Homeostasis								
02:00PM - 02:30PM									
02:30PM - 03:00PM	Match after Metformin - Refocus on Older GDMs		Fest Workshop						
03:00PM - 03:30PM									
03:30PM - 04:00PM	International Speaker's Program								
04:00PM - 04:30PM									
04:30PM - 05:00PM	Dr. Shrikant Shah Memorial Talk								
05:00PM - 05:30PM	Dr. Sumant Shah Oration								
05:30PM - 06:00PM	Dia Care Gold Medal Oration								
06:00PM - 06:30PM	Keynote Address								
06:30PM - 07:00PM									
07:00PM - 07:30PM	Inauguration								
07:30PM - 08:00PM									
08:00PM - 08:30PM									
08:30PM - 09:00PM									
09:00PM - 09:30PM									
09:30PM - 10:00PM		Inaugural Dinner							
10:00PM - 10:30PM									
10:30PM - 11:00PM					Dala Dinner				

09:30AM - 12:30PM	Registration	
12:30PM - 01:30PM	Lunch	
01:30PM - 02:30PM	<b>Warm Up Session - Glucose Homeostasis</b> (18 mins Lecture + 2 mins Discussion)	<b>Moderator:</b> Dr. Dharmendra Panchal (Ahmedabad) <b>Chair Persons:</b> Dr. Lotika Purchit (Mumbai) Dr. Jayesh Trivedi (Ahmedabad)
01:30PM - 01:50PM	Understanding the Normal Glucose Metabolism - Clinical Implications	Dr. Arvind Gupta (Jaipur)
01:50PM - 02:10PM	Direct Links between Hepatic Metabolism of Glucagon Action & Glucose Turnover	Dr. Sandeep Methur (Jaipur)
02:10PM - 02:30PM	Manipulating Alpha Cells in Clinical Practice	Dr. Krishna Seshadri (Chennai)
02:30PM - 03:30PM	<b>Match after Metformin - Refocus on older OADs</b> (18 mins Lecture + 2 mins Discussion)	<b>Moderator:</b> Dr. Pratap Jethwani (Rajkot) <b>Chair Persons:</b> Dr. Divya Saxena (Sonepat) Dr. Deepak Dantara (Ahmedabad)
02:30PM - 02:50PM	Sulphonylurea Spin	Dr. Rakesh Sahay (Hyderabad)
02:50PM - 03:10PM	Giltazone Googly	Dr. Jayant Panda (Cuttack)
03:10PM - 03:30PM	AGI - An Extra Ball	Dr. Navneet Shah (Ahmedabad)
03:30PM - 04:30PM	<b>Guest Lectures</b> (18 mins Lecture + 2 mins Discussion)	<b>Chair Persons:</b> Dr. O. P. Gupta (Ahmedabad) Dr. Y. Sadashiv Rao (Vijaywada)
03:30PM - 03:50PM	Diabetes Prevention Strategies: Is it really possible?	Dr. Jaakko Tuomilehto (Finland)
03:50PM - 04:10PM	Controversies on Hypoglycemia & its association with CVD Risk	Dr. Simon Heller (UK)
04:10PM - 04:30PM	Beyond glucocentrism CV perspective of diabetes management	Dr. A. G. Unnikrishnan (Pune)

04:30PM - 05:00PM	<b>Dr. Shrenik Shah Memorial Lecture</b>	<b>Chair Persons:</b> Dr. V. N. Shah [Ahmedabad] Dr. Jitendra Patel [Ahmedabad]
04:30PM - 05:00PM	Interventions in Diabetic Subset	Dr. Lekha Pathak [Mumbai]
05:00PM - 05:30PM	<b>Dr. Sumanth Shah Oration</b>	<b>Chair Persons:</b> Dr. Nitin Sumanth Shah [Ahmedabad] Dr. Navneet Shah [Ahmedabad]
05:00PM - 05:30PM	Identifying the Barriers for Effective Diabetes Control	Dr. Y. P. Munjal [New Delhi]
05:30PM - 06:00PM	<b>Dia Care Gold Medal Oration</b>	<b>Chair Persons:</b> Dr. K. K. Pareek [Kota] Dr. Anil Kulkarni [Ahmedabad]
05:30PM - 06:00PM	A Comprehensive Care approach to Diabetes Management - Where are we and the way forward!	Dr. Siddharth N. Shah [Mumbai]
06:00PM - 06:30PM	<b>Keynote Address</b>	<b>Chair Persons:</b> Dr. Asha N. Shah [Ahmedabad] Dr. B. B. Solanki [Ahmedabad]
06:00PM - 06:30PM	Sleep, Diabetes Prevention and Workplace Productivity	Dr. Shashank Joshi [Mumbai]
06:30PM - 08:00PM	<b>Inauguration</b>	
08:00PM - 10:00PM	<b>Inaugural Dinner at Tinello Lawn</b>	

01:30PM - 04:30PM	ZAP Workshop on Diabetic Foot - UDF Initiative	Moderator:	Dr. Pramod Menon [Ahmedabad] Dr. Viral Raj [Ahmedabad]
01:30PM - 01:50PM	Introduction to Diabetic Foot		Dr. Ami Sanghavi [Mumbai]
01:50PM - 02:10PM	Identification of High Risk Foot & History Taking		Dr. Abhijit Jadhav [Mumbai]
02:10PM - 02:30PM	Clinical Examination of Foot		Dr. Shefali Karkhanis [Mumbai]
02:30PM - 02:55PM	Surgical Management of Diabetic Foot Ulcers		Dr. S. Srinivas [Hyderabad]
02:55PM - 03:20PM	Minor Foot Procedures in a Physician's Clinic		Dr. APS Suri [New Delhi]
03:20PM - 03:45PM	Offloading & Footwear in Management of Diabetic Foot		Dr. Vibhakar Vachhrajani [Rajkot]
03:45PM - 04:05PM	Supportive Measures to Prevent Diabetic Foot		Dr. Mayura Kale [Aurangabad]
04:05PM - 04:25PM	Establishing a Diabetic Foot Clinic		Dr. Rajnish Saxena [Ajmer]
04:25PM - 04:30PM	Conclusion		

**Day 2: 22nd September,  
2018 (Saturday)**

07:00AM - 08:00AM      **Yoga Session in B. B. Trivedi Hall**

**Dr. Sumanth Shah Hall**

<b>08:00AM - 10:30AM</b>	<b>Plenary Sessions</b> [25 mins Lecture + 5 mins Discussion]	<b>Moderator:</b> Dr. Mahua Sikdar (Kolkata) <b>Chair Persons:</b> Dr. Premal Thakore (Ahmedabad) Dr. Mustafa Rangwala (Ahmedabad)
09:00AM - 09:30AM	Diabetic Neuropathy: Clinical Application of New Research	Dr. S. M. Sadikot (Mumbai)
09:30AM - 10:00AM	Art of Wound Healing: Healing the Wound & Keep it Healed	Dr. Arun Bal (Mumbai)
10:00AM - 10:30AM	The 5Ds : Diabetes, Depression, Denial, Dementia and Diabulemia	Dr. Anil Bhoraskar (Mumbai)
<b>10:30AM - 11:30AM</b>	<b>State-of-art Lectures</b> [18 mins Lecture + 2 mins Discussion]	<b>Moderator:</b> Dr. Bhavesh Patel (Modasa) <b>Chair Persons:</b> Dr. Yogesh Desai (Surat) Dr. Jagdish Chaudhari (Bardoli)
10:30AM - 10:50AM	DPP - IV Inhibitors in Management of Type 2 Diabetes: Focus on Teneliglitin	Dr. Tejas Shah (Mumbai)
10:50AM - 11:10AM	Initiating Real World Evidence: Key Findings from INITIAL Study	Dr. Tirthankar Choudhary (Kolkata)
11:10AM - 11:30AM	ARNI in Heart Failure with Diabetes - A New Paradigm	TBA
<b>11:30AM - 12:30PM</b>	<b>Newer Therapies</b> [18 mins Lecture + 2 mins Discussion]	<b>Moderator:</b> Dr. Vipul Patel (Keshod) <b>Chair Persons:</b> Dr. Himanshu Rana (Baroda) Dr. Rahul Dhope (Pune)
11:30AM - 11:50AM	DPP4 inhibitors- Top 10 things on a clinician's mind	Dr. Soumik Goswami (Kolkata)
11:50AM - 12:10PM	What after Metformin- DPP4, SGLT2 or Both?	Dr. J. J. Mukherjee (Kolkata)
12:10PM - 12:30PM	Position of Biotech Innovation in Diabetes Landscape: A Voyage from Clinical Trial to Real World Evidences	Dr. Sanjay Agrawal (Pune)

There is no lunch break during the Program. Lunch will be served from 12:00PM to 03:00PM.

12:30PM - 01:30PM	<b>Insulin Symposia</b> [18 mins Lecture + 2 mins Discussion]	<b>Moderator:</b> Dr. Parikshit Goswami [Himmatnagar] <b>Chair Persons:</b> Dr. Nehal Sadhu [Ahmedabad] Dr. Sandeep Desai [Valsad]
12:30PM - 12:50PM	Simplifying insulin therapy with Co-Formulation	Dr. S. R. Aravind [Bengaluru]
12:50PM - 01:10PM	Unsurpassed Start with Basal Insulin: The Right Option for Optimum Control	Dr. Sambit Das [Bhubaneswar]
01:10PM - 01:30PM	Mimicking Physiological Mealtime Insulin Action: Opportunities with Fast-Acting Insulin Aspart	Dr. Simon Heller [UK]
<b>01:30PM - 02:30PM</b>	<b>Translating Evidence into Practice</b> [18 mins Lecture + 2 mins Discussion]	<b>Moderator:</b> Dr. Nitesh Patel [Ahmedabad] <b>Chair Persons:</b> Dr. K. N. Bhatt [Surat] Dr. Jayesh Pavra [Ahmedabad]
01:30PM - 01:50PM	Casting New Light on Basal Insulin - Glargin 300	Dr. Shashank Joshi [Mumbai]
01:50PM - 02:10PM	The Role of Modern SUs - The Safe & Smart Way	Dr. G. Vijaykumar [Chennai]
02:10PM - 02:30PM	Innovative Approach of Basal Optimisation and Intensification: The Basal Way	Dr. K. K. Gangopadhyay [Kolkata]
<b>02:30PM - 03:15PM</b>	<b>SGLT2 Symposia</b> [18 mins Lecture + 2 mins Discussion]	<b>Moderator:</b> Dr. V. K. Abichandani [Ahmedabad] <b>Chair Persons:</b> Dr. Kamal Sharma [Ahmedabad] Dr. Raghu Setyanarayanan [Ahmedabad]
02:30PM - 02:50PM	SGLT2 CVDs: Then and Now	Dr. Samit Ghoshal [Kolkata]
02:50PM - 03:10PM	Heart Failure : An Elephant in the Room - SGLT2i a New Paradigm	Dr. Altamash Shaikh [Mumbai]
03:10PM - 03:15PM	Discussion	
<b>03:15PM - 04:00PM</b>	<b>GLP 1 Symposia</b> [18 mins Lecture + 2 mins Discussion]	<b>Moderator:</b> Dr. Jitendra Nagar [Deesa] <b>Chair Persons:</b> Dr. Ghanshyam V. Patel [Surat] Dr. J. S. Anand [Ahmedabad]
03:15PM - 03:35PM	Role of Once Weekly GLP 1 in Diabetes Management	Dr. Rajiv Kovi [Mumbai]
03:35PM - 03:55PM	Real World Evidence Strengthening the AWARD Series	Dr. Jasjeet Wazir [New Delhi]
03:55PM - 04:00PM	Discussion	

04:00PM - 05:00PM	<b>Therapeutic Symposia</b> [18 mins Lecture + 2 mins Discussion]	<b>Moderator:</b> Dr. Hiren Patel [Ahmedabad] <b>Chair Persons:</b> Dr. Prakash Trivedi [Jammnagar] Dr. Bhumi Dave [Rajkot]
04:00PM - 04:20PM	Glycemic Pentard: A Holistic Approach to Diabetes Management	Dr. Prakash Keshwani [Jaipur]
04:20PM - 04:40PM	Atherogenic Diabetes Dyslipidemia - Recent Update on Statin and Role of Saroglitazar	Dr. Hemant Thacker [Mumbai]
04:40PM - 05:00PM	Cardiorenal Outcome with SGLT2i - Spotlight on Canagliflozin	Dr. A. K. Singh [Kolkata]
05:00PM - 05:30PM	<b>Dr. R. M. Shah Oration</b>	<b>Chair Persons:</b> Dr. Urman Dhruv [Ahmedabad] Dr. Sanjeev Phatak [Ahmedabad]
05:00PM - 05:30PM	Global Dimensions of Obesity and Diabetes Mellitus: Where are we heading?	Dr. Nikhil Tandon [New Delhi]

**Diabetes Premiere League**  
**Courtesy - United Diabetes Forum**  
**(05:30PM - 07:00PM)**

Umpire	Leg Umpire	Third Umpire	Match Refree	Commentator
Dr. Shashank Joshi [Mumbai]	Dr. S. R. Aravind [Bangalore]	Dr. Rajesh Rajput [Rohtak]	Dr. Manoj Chawla [Mumbai]	Dr. Arvind Gupta [Jaipur]
Match : 1 - 05:30PM - 05:50PM				
	Garvi Gujarat Dr. Urman Dhruv Dr. Rucha Mehta	V/S		Kolkata Lions Dr. J. J. Mukherjee Dr. A. K. Singh
Match : 2 - 05:50PM - 06:10PM				
	Bangalore Blues Dr. Sanjay Reddy Dr. Aravinda J	V/S		Mumbai Kings Dr. Rajiv Kovil Dr. Amit Saraf
Match : 3 - 06:10PM - 06:30PM				
	Darling Delhi Dr. Sujeet Jha Dr. B. M. Makkar	V/S		Charming Chennai Dr. Suresh Damodaran Dr. MC Deepak
Match : 4 - 06:30PM - 06:50PM				
	Royal Rajasthan Dr. Balram Sharma Dr. Sudhir Bhandari	V/S		Hyderabad Nizams Dr. Rakesh Sahay Dr. Jaiprakash Sai

**06:50PM - 07:00PM - Felicitation**

07:00AM - 08:00AM Yoga Session in B. B. Trivedi Hall

Dr. R. M. Shah Hall

09:00AM - 10:30AM Plenary Sessions in Dr. Sumanth Shah Hall

10:30AM - 11:30AM	<b>Basic Science</b> (18 mins Lecture + 2 mins Discussion)	<b>Moderator:</b> Dr. Maulik Kinariwala [Ahmedabad] <b>Chair Persons:</b> Dr. Mahadev Desai [Ahmedabad] Dr. Suresh Purohit [Mumbai]
10:30AM - 10:50AM	Glucagon - A Complex Hormone	Dr. Ashu Rastogi [Chandigarh]
10:50AM - 11:10AM	How we can Revive & Preserve Beta Cell: Clinical Implications	Dr. Sujoy Ghosh [Kolkata]
11:10AM - 11:30AM	Harnessing Glycations for Clinical Care: HbA1c and Beyond	Dr. Kamlakar Tripathi [Varanasi]
11:30AM - 12:30PM	<b>Practice based Symposia</b> (18 mins Lecture + 2 mins Discussion)	<b>Moderator:</b> Dr. Ajay Prajapati [Ahmedabad] <b>Chair Persons:</b> Dr. Kiran Shah [Mumbai] Dr. Devang Desai [Valsad]
11:30AM - 11:50AM	Precision Medicine in Diabetes Practice: Is it Practical?	Dr. Sanjay Kalra [Karnal]
11:50AM - 12:10PM	Do we need India Specific Diabetes Management Algorithm?	Dr. B. M. Makkar [New Delhi]
12:10PM - 12:30PM	Obesity, Insulin Resistance & Type 2 Diabetes in Indian Context	Dr. Siddharth Das [Outtack]
12:30PM - 01:30PM	<b>Diabetes &amp; CVD</b> (18 mins Lecture + 2 mins Discussion)	<b>Moderator:</b> Dr. Anant Yadav [Ahmedabad] <b>Chair Persons:</b> Dr. Arvind Iyer [Baroda] Dr. Ashwin Gedhani [Ahmedabad]
12:30PM - 12:50PM	Early anti-diabetic legacy & CV mortality: A stone unturned?	Dr. Sanjiv Shah [Mumbai]
12:50PM - 01:10PM	Evolving Landscape of DPP4i CVOTs; Focus on upcoming trials	Dr. Manoj Chawla [Mumbai]
01:10PM - 01:30PM	Combination of Empagliflozin & Linagliptin; Heralding an era of 360 Management of T2D	Dr. Vijay Negalur [Mumbai]

There is no lunch break during the Program. Lunch will be served from 12:00PM to 03:00PM.

<b>01:30PM - 02:30PM</b>	<b>Diabetes &amp; Women</b> [18 mins Lecture + 2 mins Discussion]	<b>Moderator:</b> Dr. Sushil Patel (Baroda) <b>Chair Persons:</b> Dr. Asha N. Shah (Ahmedabad) Dr. Urvi Parekh (Ahmedabad)
01:30PM - 01:50PM	Diagnosis & Management of GDM - Indian Guidelines	Dr. Samar Banerjee (Kolkata)
01:50PM - 02:10PM	Menopause, Bones & Type 2 Diabetes	Dr. Benny Negalur (Mumbai)
02:10PM - 02:30PM	GDM to T2DM - A Window of Opportunity for Prevention	Dr. Sunil Gupta (Nagpur)
<b>02:30PM - 03:30PM</b>	<b>Diabetes in Young</b> [18 mins Lecture + 2 mins Discussion]	<b>Moderator:</b> Dr. Minal Mohit (Jaipur) <b>Chair Persons:</b> Dr. G. D. Ramchandani (Kota) Dr. Abhyuday Verma (Indore)
02:30PM - 02:50PM	Social Issues in Young Diabetics	Dr. Rishi Shukla (Kanpur)
02:50PM - 03:10PM	Progress in the Management of Pediatric Diabetes in the Past 25 Years	Dr. Guy Todd Alonzo (USA)
03:10PM - 03:30PM	Monogenic Diabetes - When to Suspect & Whom to Screen?	Dr. Nihal Thomas (Vellore)
<b>03:30PM - 04:00PM</b>	<b>Make your Foursome Awesome Quadruple Therapy</b>	<b>Moderator:</b> Dr. Urman Dhruv (Ahmedabad)
03:30PM - 04:00PM	Yes Dr. Hemant Thacker (Mumbai) Dr. Minal Mohit (Jaipur)	No Dr. Neeta Deshpande (Belgaum) Dr. Mithun Bhartia (Guwahati)
<b>04:00PM - 05:00PM</b>	<b>Mixed Bag</b> [18 mins Lecture + 2 mins Discussion]	<b>Moderator:</b> Dr. Jimit Vadgama (Surat) <b>Chair Persons:</b> Dr. Dhiren Joshi (Ahmedabad) Dr. Gajanand Mohta (Ahmedabad)
04:00PM - 04:20PM	LADA - Indian Perspective	Dr. Alok Kanungo (Bhubneshwar)
04:20PM - 04:40PM	PPBD Management in Indian T2DM - Challenges & Solutions with Current Therapies	Dr. Priya Balani (Mumbai)
04:40PM - 05:00PM	Role of Novel Lipid Therapies in Management of Mixed Dyslipidemia	Dr. Rajesh Rajput (Rohtak)
<b>05:00PM - 07:00PM</b>	<b>Sessions in Sumant Shah Hall</b>	

07:00AM - 08:00AM	<b>Yoga Session</b>	
09:00AM - 10:00AM	<b>Free Papers</b> (8 mins for Presentation & 2 mins for Q & A)	<b>Chair Persons:</b> Dr. Kamla Kar Tripathi [Varanasi] Dr. Parikshit Goswami [Himmatnagar]
09:00AM - 09:10AM	Study on the Knowledge & Awareness of Various Myths and Facts of DM among Diabetic Patients attending OPD	Akashna Eashwar
09:10AM - 09:20AM	Antifungal Drug to the Rescue: TERBINAFINE - A New Therapeutic Approach to Treatment of Hypercholesterolemia	Navdha Vyas
09:20AM - 09:30AM	Risk Factors Associated with Diabetes Mellitus in the Maldives	Alsath Shiruhana
09:30AM - 09:40AM	Role of Lifestyle Management in Prevention & Control of Type 2 Diabetes	Maulesh Gedani
09:40AM - 09:50AM	Dietary Practices during fasts in Patients with Type 2 Diabetes Mellitus among different Religions in North India	Bhavneet Arora
09:50AM - 10:00AM	Personalized Dietary counselling and Nutritional Health Education Helps in Better Diabesity Remission Post Roux-en Y Gastric Bypass Surgery	Charul Jha
10:00AM - 10:10AM	Study to Evaluate the Efficacy and Safety with New Basal Insulin Glargine [U-300] in Clinical Setting	Abhyuday Verma
10:10AM - 10:20AM	New Insulin Protocol for Management of Hyperglycemia In Hospitalized Patients with NODAT	Om Lakhani
10:20AM - 10:30AM	Prevalence of Metabolic Syndrome in Newly Diagnosed Cases of Type 2 Diabetes Mellitus in a Hospital	Swati Sharma
10:30AM - 11:30AM	<b>Quick Bytes</b> (15 mins Lecture + 2 mins Discussion)	<b>Chair Persons:</b> Dr. Snehal Tanna [Mumbai] Dr. Aakash Singh [Baroda]
10:30AM - 10:45AM	Pre Operative Assessment of Patients with Diabetes	Dr. Vijay Garg [Ujjain]
10:45AM - 11:00AM	Pre-Diabetes	Dr. Anand Shankar [Patna]
11:00AM - 11:15AM	Diabesity	Dr. Purvi Chawla [Mumbai]

11:00AM - 11:30AM	Primary Prevention of Diabetes	Dr. Nanditha Arun [Chennai]
11:30AM - 12:30PM	<b>Hotspot in Diabetes</b> [13 mins Lecture + 2 mins Discussion]	<b>Chair Persons:</b> Dr. Anind Iyer [Baroda] Dr. M. V. Pansuriya [Junagadh]
11:30AM - 11:45AM	Sleep Disorders in Diabetes	Dr. Meena Chhabra [New Delhi]
11:45AM - 12:00AM	Type 3 Diabetes	Dr. Vinod Porwal [Ujjain]
12:00AM - 12:15AM	Exercise as a Prescription for Primary & Secondary Prevention of Diabetes & CAD	Dr. Kumar JS [Chennai]
12:15PM - 12:30PM	Diabetes in Geriatric Population	Dr. Puneet Saxena [Jaipur]
12:30PM - 02:30PM	<b>Insulin Pump Workshop</b>	<b>Moderator:</b> Dr. Dhruti Hsononi [Ahmedabad]
12:30PM - 01:00PM	Insulin Pump v/s MDI - What is the Current Position in Type 1 Diabetes	Dr. Saurabh Mishra [Kanpur]
01:00PM - 01:30PM	Initiation of Insulin Pump Therapy	Dr. Sanjeev Phatak [Ahmedabad]
01:30PM - 02:00PM	Demonstration of Insulin Pump	Dr. Vinay Mukhekar [Mumbai]
02:00PM - 02:30PM	Closed Loop Pump System - Future Treatment for Diabetes	Dr. Arun Shankar [Trivandrum]
02:30PM - 04:30PM	<b>Technology Workshop</b> [18 mins for Lecture + 2 mins for Discussion]	<b>Moderator:</b> Dr. Pragnesh Vechhrajani [Ahmedabad]
02:30PM - 02:50PM	Evidence based Utilization of Glucose Monitoring Systems	Dr. Manoj Chawla [Mumbai]
02:50PM - 03:10PM	Flash Glucose Monitoring in Different Clinical Scenario	Dr. Ritu Johri [Mumbai]
03:10PM - 03:30PM	Newer Techniques for Insulin Injections	Dr. Avani Shah [Mumbai]
03:30PM - 03:50PM	Point of Care in Diabetes Management	Dr. Vinay Dhandania [Ranchi]
03:50PM - 04:10PM	Role of AI based Counselling in Diabetes Management	Mr. Abhishek Shah [Mumbai]
04:10PM - 04:30PM	Mobile Apps & Social Media for Diabetes Awareness & Management	Dr. S. V. Kulkarni [Mumbai]

04:30PM - 05:30PM	<b>Evening Symposia</b> [18 mins for Lecture + 2 mins for Discussion]	<b>Chair Persons:</b> Dr. Bhupendra Shah [Himmatnagar] Dr. Rohan Patel [Bharuch]
04:30PM - 04:50PM	Role of Berbesine in the Management of Type 2 Diabetes.	Dr. Kamlakar Tripathi [Varanasi]
04:50PM - 05:10PM	Management of Obesity	Dr. Neeta Deshpande [Belgaum]
05:10PM - 05:30PM	Newer Calcium Channel Blocker	Dr. Sudhir Bhandari [Jaipur]
<b>05:30PM - 07:00PM</b>		<b>Sessions in Sumanth Shah Hall</b>

09:00AM - 10:00AM	<b>Keynote Address</b>	<b>Chair Persons:</b> Dr. Manoj Vithalani (Ahmedabad) Dr. Chintan Vyas (Anand)
09:00AM - 09:30AM	Kidney Matters and So does the Heart in T2DM - Evidence with Modern SU	Dr. A. K. Das (Puducherry)
09:30AM - 10:00AM	Nutrient Manipulation for Obesity, Metabolic Syndrome and Diabetes: Evidence from Indian Studies	Dr. Anoop Misra (New Delhi)
10:00AM - 11:00AM	<b>Endocrine Symposia</b> (18 mins Lecture + 2 mins Discussion)	<b>Moderator:</b> Dr. Thakor Parmar (Baroda) <b>Chair Persons:</b> Dr. Ketan Joshi (Visnagar) Dr. Shashank Passwala (Surat)
10:00AM - 10:20AM	C. Peptide Measurement - A must for all Young Diabetics?	Dr. Sameer Agarwal (Rohtak)
10:20AM - 10:40AM	Thyroid Disorders in Diabetes	Dr. Abhay Sahoo (Bhubneshwar)
10:40AM - 11:00AM	Antidiabetic Medication & their effect on Bones	Dr. S. K. Sharma (Jaipur)
11:00AM - 12:00PM	<b>Type 1 Diabetes Symposium</b> (18 mins Lecture + 2 mins Discussion)	<b>Moderator:</b> Dr. Vivek Patel (Ahmedabad) <b>Chair Persons:</b> Dr. Nischal Bhatt (Ahmedabad) Dr. Kiran Shah (Ahmedabad)
11:00AM - 11:20AM	Growth & Development Issues in Type 1 Diabetes	Dr. Abhishek Kulkarni (Mumbai)
11:20AM - 11:40AM	Type 1 Diabetes Care: Past, Present & Future (TEDDY & 25 year of DCCT outcome)	Dr. Guy Todd Alonzo (USA)
11:40AM - 12:00PM	Technology in Type 1 Diabetes	Dr. Simon Heller (UK)
12:00PM - 01:00PM	<b>Sex &amp; Diabetes</b> (15 mins Lecture + 2 mins Discussion)	<b>Moderator:</b> Dr. Ashit Shah (Baroda) <b>Chair Persons:</b> Dr. Umesh Gedia (Surendranagar) Dr. Dhiren C. Patel (Surat)
12:00PM - 12:15PM	Hypogonadotropic Hypogonadism: Novel Metabolic Effects of Testosterone Replacement	Dr. Mahtew John (Trivandrum)

12:15PM - 12:30PM	Controversies in Testosterone Replacement Therapy	Dr. Mithun Bhartia [Guwahati]
12:30PM - 12:45PM	Female Sexual Dysfunction in Diabetes	Dr. Lilly Rodrigues [Hyderabad]

12:45PM - 01:00PM	Managing Sexual Dysfunction in Diabetes	Dr. Deepak Jumani [Mumbai]
-------------------	---	----------------------------

**01:00PM - 02:00PM Valedictory & Lunch**

Dr. R. M. Shah Hall

**09:00AM - 10:00AM Plenary Sessions in Dr. Sumanth Shah Hall**

10:00AM - 11:00AM	<b>Nutrition Symposia</b> [18 mins Lecturer + 2 mins Discussion]	<b>Moderator:</b> Dr. Smita Shah [Ahmedabad] <b>Chair Persons:</b> Dr. Minaz Charania [Surat] Dr. Shruti Patel [Ahmedabad]
-------------------	---	--

10:00AM - 10:20AM	What makes us Eat - Regulation of Food Intake	Dr. Shilpa Joshi [Mumbai]
-------------------	---	---------------------------

10:20AM - 10:40AM	Concept of Low Carbohydrate & High Protein in Breakfast	Dr. Vinod Mittal [New Delhi]
-------------------	---	------------------------------

10:40AM - 11:00AM	Oil Revolution - Should we Join? - The Fat Myths	Dr. Vanisha Nambiar [Baroda]
-------------------	--	------------------------------

11:00AM - 12:00PM	<b>Mixed Bag</b> [18 mins Lecturer + 2 mins Discussion]	<b>Moderator:</b> Dr. Gaurav Chhaya [Ahmedabad] <b>Chair Persons:</b> Dr. Vidhyut Shah [Rajkot] Dr. Tanish Modi [Ahmedabad]
-------------------	--	---

11:00AM - 11:20AM	In Patient Management of Glycemia	Dr. Sunil Kumar [Kota]
-------------------	-----------------------------------	------------------------

11:20AM - 11:40AM	Newer Frontiers in Lipid Management	Dr. Raman Puri [New Delhi]
-------------------	-------------------------------------	----------------------------

11:40AM - 12:00PM	Recent Hypertension Guidelines : Confusion or Clarity	Dr. S. N. Narasingan [Chennai]
-------------------	---	--------------------------------

12:00PM - 01:00PM	<b>Quick Bytes</b> [18 mins Lecturer + 2 mins Discussion]	<b>Moderator:</b> Dr. Kunal Zaveri [Ahmedabad] <b>Chair Persons:</b> Dr. Mukul Oza [Ahmedabad] Dr. Birju Mori [Rajkot]
-------------------	--	--

12:00PM - 12:20PM	Modulation of Gut Microbiota and Glycemic Outcomes in Type 2 Diabetes	Dr. Ranjit Unnikrishnan [Chennai]
-------------------	---	-----------------------------------

12:20PM - 12:40PM	Does Evidence Translate into Clinical Practice?	Dr. Supratik Bhattacharya [Kolkata]
-------------------	---	-------------------------------------

12:40PM - 01:00PM	Controversies in Diabetes in Primary Care	Dr. Pramod Gandhi [Nagpur]
-------------------	---	----------------------------

**01:00PM - 02:00PM Valedictory & Lunch**

09:00AM - 10:00AM	<b>Free Papers</b> [8 mins for each Presentation & 2 mins for Q & A]	<b>Chair Persons:</b> Dr. B. B. Solanki [Ahmedabad] Dr. Mahadev Desai [Ahmedabad]
09:00AM - 09:10AM	Use of AGP in Patients with Gestational Diabetes Mellitus	Feny Patel
09:10AM - 09:20AM	How to Prevent Prediabetes from becoming Type 2 Diabetes	Kamini Vyas
09:20AM - 09:30AM	Stress Diabetes in a Patient with Ectopic Pregnancy	Rishabh Khanna
09:30AM - 09:40AM	Study on Dhanwantri Module Application in Diabetes Control in a Secondary Care Hospital	Palash Sanyal
09:40AM - 09:50AM	Effect of Personalized Counselling and Nutrition Health Education on Remission of Diabetes Post Laparoscopic Mini Gastric Bypass Bariatric Surgery- A Case Control Trial	Drashti Zaveri
09:50AM - 10:00AM	Efficacy & safety of Azilsartan in young diabetic hypertensive patients from Real world study in Gujarat	Manish Agrawal
10:00AM - 11:00PM	<b>Hotspot in Diabetes</b> [13 mins Lecture + 2 mins Discussion]	<b>Moderator:</b> Dr. Shruti Aterkar [Ahmedabad] <b>Chair Persons:</b> Dr. M. A. Karmur [Rajkot] Dr. Rukhiya Surya [Mumbai]
10:00AM - 10:15AM	Diabetes & NAFLD	Dr. Ashish Dengra [Jabalpur]
10:15AM - 10:30AM	Cardiac Autonomic Neuropathy	Dr. Sandeep Tak [Jodhpur]
10:30AM - 10:45AM	Diabetes & Immunization	Dr. Manohar KN [Bengaluru]
10:45AM - 11:00AM	Peculiar Infections in Diabetes	Dr. Suchir Bhandari [Jaipur]
11:00AM - 12:00PM	<b>Nutrition Workshop</b> [25 mins Lecture + 5 mins Discussion]	<b>Moderator:</b> Dr. Shilpa Joshi [Mumbai] <b>Chair Persons:</b> Dr. Bhumiita Makwana [Ahmedabad] Dr. Swati Dave [Ahmedabad]
11:00AM - 11:30AM	Practical Tips for Nutrition Counselling	Dt. Kavita Gupta [Nagpur]
11:30AM - 12:00PM	Use of Technology in Nutrition Management	Dt. Ruby Sound [Mumbai]

12:00PM - 30:00PM	<b>Debate</b>	<b>Moderator:</b> Dr. Dharmanendra Panchal [Ahmedabad] <b>Chair Persons:</b> Dr. Shrikant Somani [Ahmedabad] Dr. Om Lakhani [Ahmedabad]
<b>Is Metabolic Surgery a Cure for Diabetes?</b>		
12:00PM - 12:15PM	Yes	Dr. Mahendra Narwaria [Ahmedabad]
12:15PM - 12:30PM	No	Dr. Urman Dhruv [Ahmedabad]
<hr/>		
12:30PM - 01:00PM	<b>Neglected Complications of Diabetes</b> [15 mins Lecture + 2 mins Discussion]	<b>Moderator:</b> Dr. Mahira Kadri [Ahmedabad] <b>Chair Persons:</b> Dr. Padmanabh Zinzuwadiya [Ahmedabad] Dr. Shruti Sheth [Ahmedabad]
12:30PM - 12:45PM	Diabetes & CAD	Dr. Mukesh Ladha [Ahmedabad]
12:45PM - 01:00PM	Can Medical Intervention Modify Diabetic Retinopathy?	Dr. Amish Patel [Ahmedabad]
<hr/>		
01:00PM - 02:00PM	<b>Lunch</b>	

Organized By:



Conference Secretariat:

**Dr. Hardik Chandarana [Mob: 97245 01553]**

1-2, Gandhi Park, Near Nehrunagar Road  
Ambawadi, Ahmedabad, Gujarat INDIA.

**Phone:** 079-25504104 / 8104, **Fax:** +91 79 25502104

**Email:** diacon2018@gmail.com, **Website:** www.diacon2018.com