

**Day 1: 11<sup>th</sup> July, 2020**  
(Saturday)

# Mahatma Gandhi Hall



सह वीर्यम करवावहे  
United We Create Glory  
ESTD 1970

**Dr. Ashwin Gadhavi**  
President - APA

**Dr. Anil Kulshrestha**  
Secretary - APA

Indian Time (GMT + 5:30)



01:15PM - 01:30PM

Registration & Login

01:30PM - 01:45PM

Welcome Address by Dr. Sameer Dani / Dr. Rucha Mehta

01:45PM - 02:00PM

Inauguration & Lamp Lighting

02:00PM - 02:35PM

Overarching Expert Views on CardioMetabolic Syndrome

Time	Topic	Speaker
02:00PM - 02:25PM	Cardiometabolic Syndrome & its Ramifications	<b>Dr. Anoop Misra</b> (New Delhi)
02:25PM - 02:35PM	Discussion	

02:35PM - 03:40PM

ASCVD & Diabetes

Time	Topic	Speaker
02:35PM - 02:55PM	ASCVD in Young Indians	<b>Dr. P. P. Mohanan</b> (Kochi)
03:00PM - 03:30PM	TBD	<b>Dr. Marie Claude Morris</b> (Kochi)
03:30PM - 03:40PM	Discussion	

03:40PM - 04:55PM

Heart Failure Symposium

Time	Topic	Speaker
03:45PM - 04:10PM	Heart Failure in Diabetes - The Role of the Diabetologist and Cardiologist	<b>Dr. Yehuda Handelsman</b> (USA)
04:15PM - 04:40PM	Heart failure with Preserved EF - recent developments and treatments in the pipeline	<b>Dr. John McMurray</b> (Glasgow)
04:40PM - 04:55PM	Discussion	

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### 04:55PM - 06:05PM The Spectrum of NAFLD and NASH: What the Primary Care Clinician, Diabetologist, and Cardiologist Should Know

Time	Topic	Speaker
05:00PM - 05:25PM	From NASH to T2DM & T2DM to NASH - How to Diagnose NASH in your Patients	<b>Dr. Amalia Gastaldelli</b> (Italy)
05:30PM - 05:55PM	NAFLD and Cardiovascular Risk: Mechanisms and Treatment Strategies	<b>Dr. Kenneth Cusi</b> (USA)
05:55PM - 06:05PM	Discussion	

### 06:05PM - 07:10PM Medications and the Heart

Time	Topic	Speaker
06:10PM - 06:35PM	Oral Anti-Diabetic Agents & The Heart	<b>Dr. Robert Chilton</b> (USA)
06:35PM - 07:00PM	GLP-1 R Agonists and Cardiorenal Outcomes	<b>Dr. Devjit Tripathy</b> (USA)
07:00PM - 07:10PM	Discussion	

### 07:10PM - 07:55PM Keynote Lecture

Time	Topic	Speaker
07:15PM - 07:40PM	PCI VS CABG in Diabetics	<b>Dr. Samir Kapadia</b> (USA)
07:40PM - 07:55PM	Discussion	

### 07:55PM - 09:00PM Plenary Talk

Time	Topic	Speaker
08:00PM - 08:40PM	Insulin Resistance in T2DM - Implications for Coronary Artery Disease	<b>Dr. Ralph A. DeFronzo</b> (USA)
08:40PM - 08:55PM	Discussion	

### 08:55PM - 09:00PM Closing Day 1



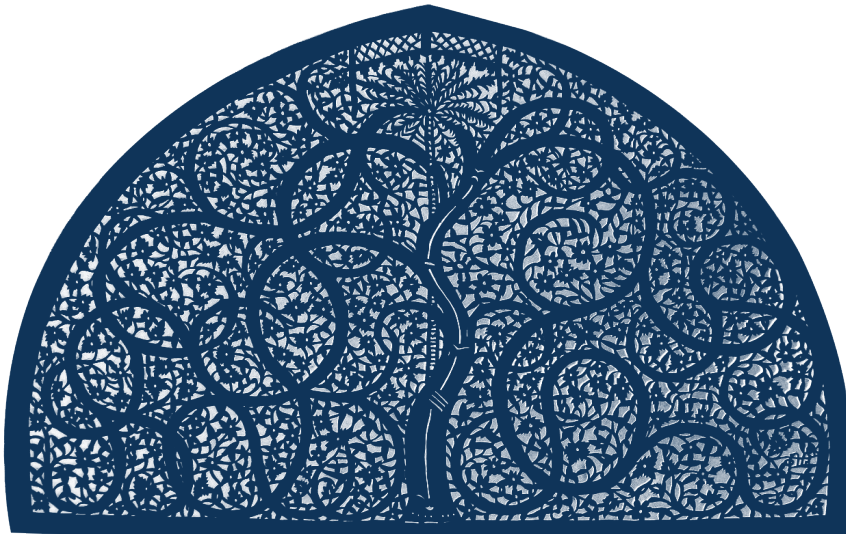
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02:00PM - 02:35PM

Plenary Session in Mahatma Gandhi Hall

02:35PM - 03:40PM

Newer Vistas In Understanding Cardiometabolic syndrome

Time	Topic	Speaker
02:35PM - 02:55PM	Origins of Cardio Metabolic Syndrome in Indians	<b>Dr. C. S. Yajnik</b> (Pune)
03:00PM - 03:30PM	Gut Microbiota and Role in Insulin resistance, Obesity, Diabetes and CV Disease Connection	<b>Dr. Silvia Turrone</b> (Italy)
03:30PM - 03:40PM	Discussion	

03:40PM - 04:55PM

WCPD Symposium

Time	Topic	Speaker
03:45PM - 04:10PM	Identification of Type 2 Diabetes Risk without Laboratory: Global Situation	<b>Dr. Jaakko Toumilehto</b> (Finland)
04:15PM - 04:40PM	Pre-Diabetes and Prevention of Early Microvascular Complications	<b>Dr. Rafael Gabriel</b> (Spain)
04:40PM - 04:50PM	Discussion	

04:50PM - 05:20PM

Primordial Prevention

Time	Topic	Speaker
04:55PM - 05:20PM	Prevention of Cardio-Metabolic Syndrome with Drugs	<b>Dr. R. Guardado</b> (Mexico)
05:20PM - 05:25PM	Discussion	

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### 05:25PM - 06:30PM SGLT2-inhibitors - An update

Time	Topic	Speaker
05:30PM - 05:55PM	SGLT2-inhibitors and Myocardial Fuel Energetics - An Update	<b>Dr. Sunder Mudaliar</b> (USA)
05:55PM - 06:20PM	SGLT2i vs in HF: Current Management, Unmet needs and Therapeutic Prospects	<b>Dr. Akshay Desai</b> (Harvard, USA)
06:20PM - 06:30PM	Discussion	

### 06:30PM - 07:05PM CVOT Symposium

Time	Topic	Speaker
06:35PM - 06:55PM	REWIND Trial	<b>Dr. Krishna Seshadri</b> (Chennai)
07:00PM - 07:25PM	CVOT: Are they really needed? U Turn by USFDA	<b>Dr. Shashank Joshi</b> (Mumbai)
<b>Panel Discussion</b>		<b>Moderator:</b> <b>Dr. Sanjeev Phatak</b> (Ahmedabad)
07:30PM - 07:55PM	<b>Panellists:</b> Dr. Shashank Joshi, Dr. Rajiv Kovil, Dr. Satyavan Sharma, Dr. P. P. Mohanan, Dr. Krishna Seshadri	

### 07:55PM - 09:00PM Plenary Session in Mahatma Gandhi Hall



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**Day 2: 12<sup>th</sup> July, 2020**  
(Sunday)

# **Mahatma Gandhi Hall**



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01:30PM - 01:35PM	Welcome
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01:35PM - 02:10PM	Plenary Talk
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Time	Topic	Speaker
01:35PM - 02:00PM	"Twin Cycles" and the Reversal of both - Type 2 Diabetes and Cardiometabolic Risk	<b>Dr. Roy Taylor</b> (UK)
02:00PM - 02:10PM	Discussion	

02:10PM - 03:20PM	Hypertension & Kidney
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Time	Topic	Speaker
02:15PM - 02:35PM	Hypertension in Indians: Which Guidelines to follow?	<b>Dr. C. Venkat S. Ram</b> (Hyderabad)
02:40PM - 03:00PM	India-Heart Study & its implications	<b>Dr. Upendra Kaul</b> (New Delhi)
03:05PM - 03:25PM	Halting the Progression of Chronic Kidney Disease: Myth or Reality?	<b>Dr. Per-Henrik Groop</b> (Finland)
03:25PM - 03:35PM	Discussion	

03:35PM - 04:30PM	Lipids & CV Risk
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Time	Topic	Speaker
03:40PM - 04:00PM	Update on Lipids for Clinical Care from ESC / EAS 2019 Guidelines	<b>Dr. Kausik Ray</b> (UK)
04:05PM - 04:25PM	Cardiovascular Risk Assessment in Clinical Practice	<b>Dr. Atul Kalhan</b> (UK)
04:25PM - 04:35PM	Discussion	



Indian Time (GMT + 5:30)



### 04:35PM - 05:35PM COVID-19 AND Heart

Time	Topic	Speaker
04:40PM - 05:00PM	COVID and Heart Failure	<b>Dr. Carsten Tschöpe</b> (Germany)
05:05PM - 05:25PM	ACE, ARB & COVID	<b>Dr. Neil Mehta</b> (USA)
05:25PM - 05:35PM	Discussion	

### 05:35PM - 07:05PM Genes, Gender & CV Risk

Time	Topic	Speaker
05:40PM - 06:00PM	Unique CV Risk Factors in Women	<b>Dr. Leslie Cho</b> (USA)
06:05PM - 06:25PM	Genomic Risk Stratification to Prevent Heart Disease in South Asians (JIGYASA)	<b>Dr. Ankur Kalra</b> (USA)
06:30PM - 06:50PM	TBD	<b>Dr. Dennis Bruemmer</b> (USA)
06:50PM - 07:05PM	Discussion	

### 07:05PM - 07:40PM Hot off the Press

Time	Topic	Speaker
07:10PM - 07:30PM	VERTIS CV AND A META ANALYSIS OF SGLT2i	<b>Dr. Richard Pratley</b> (USA)
07:30PM - 07:40PM	Discussion	

### 07:40PM - 08:45PM Plenary Talk

Time	Topic	Speaker
07:45PM - 08:25PM	Role of Lipoprotein(a) in Coronary Disease An Emerging Novel Target	<b>Dr. Steven Nissen</b> (USA)
08:25PM - 08:45PM	Discussion	

### 08:45PM - 09:00PM Closing Remarks & Vote of Thanks

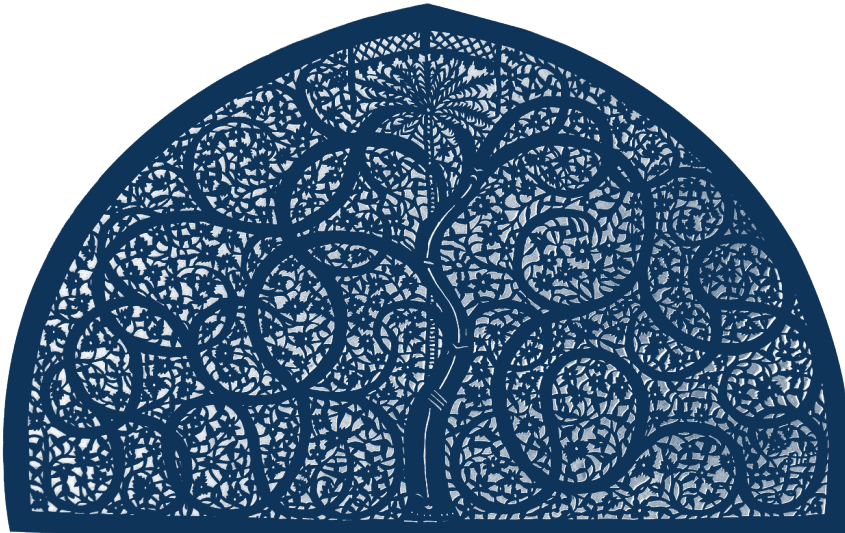


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01:30PM - 01:35PM	Welcome
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01:35PM - 02:10PM	Plenary Session in Mahatma Gandhi Hall
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02:10PM - 03:40PM	Diet and Lifestyle
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Time	Topic	Speaker
02:10PM - 02:30PM	Low Carb Diet and Metabolic Syndrome	<b>Dt. Shilpa Joshi</b> (Mumbai)
02:35PM - 02:55PM	Low Fat and Vegan diets	<b>Dr. Neeta Deshpande</b> (Belgaum)
03:00PM - 03:20PM	Diet, Exercise & Metabolic Syndrome	<b>Dt. Shaily Chauhan</b> (Ahmedabad)
03:20PM - 03:40PM	Discussion	

03:40PM - 5:05PM	Diabetes India Symposium
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Time	Topic	Speaker
03:45PM - 04:05PM	Applying precision Diabetology to Clinical Practice	<b>Dr. A. G. Unnikrishnan</b> (Pune)
04:10PM - 04:30PM	Cost effective Screening of Diabetic Retinopathy in India - Use of AI	<b>Dr. S. R. Arvind</b> (Bengaluru)
04:35PM - 04:55PM	Moving beyond HbA1C, Time in Range	<b>Dr. Banshi Saboo</b> (Ahmedabad)
04:55PM - 05:05PM	Discussion	

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05:05PM - 06:10PM

EGIR Symposium - Dr. Amalia Gastaldelli

Time	Topic	Speaker
05:10PM - 05:35PM	Insulin Resistance and Cardiometabolic Risk in Children	<b>Dr. Melania Manco</b> <i>(Italy)</i>
05:35PM - 06:00PM	Double Diabetes and lessons from DCCT	<b>Dr. John Petrie</b> <i>(Glasgow)</i>
06:00PM - 06:10PM	Discussion	

06:10PM - 07:45PM

Obesity Symposium

Time	Topic	Speaker
06:15PM - 06:35PM	Obesity - Medical Management	<b>Dr. Soumitra Ghosh</b> <i>(Kolkata)</i>
06:35PM - 06:55PM	Metabolic Surgery: Beyond Weight Control	<b>Dr. Shashank Shah</b> <i>(Pune)</i>
06:55PM - 07:05PM	Discussion	

07:05PM - 07:45PM

Expert's Talk

Time	Topic	Speaker
07:10PM - 07:35PM	Antiplatelet and Antithrombotic Strategies for Cardiometabolic Patients	<b>Dr. Roxana Mehran</b> <i>(USA)</i>
07:35PM - 07:45PM	Discussion	

07:45PM - 08:45PM

Plenary Session in Mahatma Gandhi Hall