

BE THE LEADER

IN METABOLIC DISEASE MANAGEMENT

SWASTHYA®
स्वास्थ्य
CON 2020

INTERNATIONAL CONFERENCE ON METABOLIC DISEASE



All India Institute of Diabetes and Research
Approved by Gujarat University and
U.S. Department of Health & Human Services (DHHS)
Federal Wide Assurance (FWA)



SWASTHYA
DIABETES CARE



D-FOOT
international



International
Diabetes
Federation

Centre of Excellence in Diabetes Care
& Centre of Education



10th TO 12th JANUARY 2020



Pandit Dindayal Upadhyay Auditorium, B/h Rajpath Club,
S G Highway, Bodakdev, Ahmedabad, 380059 India

WELCOME MESSAGE



Dear Friends and Colleagues,

SwasthyaCON 2019 was a grand success with more than 800 delegates, 20 national faculties and 4 international faculties sharing their knowledge with the approach of Learn, Share & Teach.

It is our great pleasure to invite you to participate in the SwasthyaCON 2020 to be held in Ahmedabad, India on 10th-12th January 2020. The conference is jointly organized by All India Institute of Diabetes & Research (AIIDR) and Swasthya Diabetes Care and supported by International Diabetes Federation and D-FOOT International.

The theme of the SwasthyaCON 2020 is "Be the Leader in Metabolic Disease Management". The conference will provide opportunity for participants to discuss advances in therapeutics and challenges in diabetes management.

In tune with the theme, conference will cover all the topics relevant to day to day clinical practice along with latest and best practices worldwide in diabetes care.

Along with you, we are expecting academicians from across India as well as abroad, and endeavour to provide an excellent blend of National - International faculties to enrich your knowledge and experience.

Awaiting you for this academia at the World Heritage City, Ahmedabad and experience well known hospitality and culture of Gujarat.

Dr Mayur Patel
Organizing Chairman – SwasthyaCON 2020
Ahmedabad, India

Applied for
MCI Credit
Hours

GLIMPSES OF SWASTHYACON 2019

With,

- 8 Live interactive workshops.
- 5 International Faculties
- 22 International Delegates
- More Than 1400 Successfully Registered Delegates
- Holding hand in hand through the year with more than 200 delegates
- Anti Tobacco Campaign with More than 50 participants
- With Partnership with more than 15 corporates



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SWASTHYA Opp Jay Mangal BRTS Bus Stop
132 ft Ring Road Naranpura Ahmedabad 380013
Phone 079 2743 9977 / 7799 Mobile 93742 23837
www.swasthyaindia.com, www.stopdiabetesindia.org
email: diabetes@swasthyaindia.com

SCIENTIFIC PROGRAM

DAY - 1

Friday, 10th January 2020

10:00 onwards Registration

MAHATMA GANDHI HALL

10:00 -12.30 e Paper Presentation and Competition

Moderator: Dr Bipin Amin and Dr Nitin Rathod

SARDAR PATEL HALL

10:00 -12.30 e Recipe Presentation and Competition

Moderator: Dt Niti Desai and Dr Jagmeet Madan

10:00 -13.00 Hands On Workshops

1. Diabetic foot
2. Insulin Pump
3. CGMS
4. Insulin Technique

SARDAR PATEL HALL

MAHATMA GANDHI HALL

13:00-14:30 SESSION - I LIFESTYLE SYMPOSIA

Rapporteur: Dt Alifya Golwala

Chairpersons : Dt Sanu Phatak & Dr Ina Patel

13: 15 - 13: 30 **Carbs- Friends or Foe in Diabetes**

Dr Jagmeet Madan

13:30 - 13: 45 **Health Benefits of Whole Grains in Diabetes Mellitus**

Dt Rima Rao

13:45 - 14: 00 **Best Dietary Practises - The Easy Way to Counsel**

Dr Meenakshi Bajaj

14:00 - 14: 15 **Protein Intake in T2 Diabetes - Relation to**

Glucose levels

Dt Neeti Desai

14:15 - 14: 30 **Discussion - All Speakers**

MAHATMA GANDHI HALL

14:30-15:30 SESSION - II Diabetic Foot Symposia

- Rapporteur:** Dr Gaurav Chhaya
Chairpersons: Dr L K Shankhdhar & Dr K N Bhatt
- 14: 30 - 14: 45 **Do's and Don'ts**
 Dr Vibhakar Vachharajani
- 14: 45 - 15:00 **Neuropathy & PVD**
 Dr Payal Khakhkhar
- 15:00 - 15: 15 **Management of Diabetic Foot- Emphasis on Preventive Surgeries**
 Dr Abbas Mistry
- 15:15 - 15: 30 **Discussion - All Speakers**

15:30-16:30 SESSION - III DIGITAL SYMPOSIA

- Rapporteur:** Dr Jigar Desai
Chairpersons: Dr J S Anand & Dr C D Lalwani
- 15: 30 - 15: 45 **Social Media: Bull or Bane**
 Dr C S Buch
- 15: 45 - 16:00 **SMART Healthcare : Leveraging the ICT Revolution in Healthcare**
 Mr Bhavesh Thakkar
- 16:00 - 16: 15 **Wearables: in Diabetes and Metabolic Management**
 Dr Yash Patel
- 16:15 - 16: 30 **Discussion - All Speakers**

16:30 – 17:00 Inauguration**BK Shivaniben****17:00-19:00 SESSION - IV Rejuvenating Medical Minds****19:00-20:00 SESSION -V 3L (Lungs – Laughter – Legal) in Metabolic Diseases**

- Rapporteur:** Dr Dishank Patel
Chairpersons: Dr Y C Desai & Dr Parikshit Goswami
- 19: 00 - 19:15 **Laughter Therapy in Metabolic Diseases**
 Dr V V Ramakumar
- 19: 15 - 19:30 **Medico-legal- Challenging Cases in Clinical Practise**
 Dr M C Patel
- 19:30 - 19:45 **Is the Lung a "Target Organ" in Diabetes**
 Prof (Dr) Rohini V Chowgules
- 19:45 - 20:00 **Discussion - All Speakers**
- 20:00 onwards **Dinner**
- 20:00 onwards : **Paper Presentations (Mahatma Gandhi Hall)**

Saturday, 11th January 2020

MAHATMA GANDHI HALL

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9:00-10:00SESSION - Legendary Openings

- Rapporteur:** Dr Vinayak Bhanvadia
Chairpersons: Dr Dhiren Patel & Dr Bharat Shah
9: 00 - 9:15 **Secondary hypertension: When to suspect and how to screen?**
 Dr Mahadev Desai
9: 15 - 9:30 **Autoimmune Diabetes**
 Dr Alok Kanungo
9:30 - 9: 45 **Dissecting Head to Head Data of Newer Generation Basal Insulin**
 Dr Tiven Marwah
9:45 - 10: 00 **Discussion -All Speakers**

10:00-11:00 SESSION - VII Practice Enhancing Workshop I

- Chairpersons:** Dr Asha Shah & Dr Chirag Gandhi
10: 00 - 10: 45 **Plenary Talk - Precision Medicine**
 Dr. A Unnikrishnan
10: 45 - 11:00 **Description : Vision and Process**
 Dr. Yash Patel

11:00-12:00 SESSION - VIII Practice Enhancing Workshop II

- Moderator:** Dr Birju Mori
Chairpersons: Dr Mahadev Patel & Dr Sunil Wadhvani
11: 00 - 11: 30 **Age as the Key Consideration**
 Dr. Vijay Negalur
11: 30 - 12:00 **HbA1c and Diabetes Duration as the Key Consideration**
 Dr. Manoj Chawla

12:00-12:30 SESSION - IX Dr R M Shah Oration

- Chairpersons:** Dr V N Shah & Dr K D Tibrewala
12:00 - 12:30 **Diabetes in Children and Young Adults**
 Dr. K M Prasanna Kumar

12:30-13:00 SESSION - X SwasthyaCON Oration

- Chairpersons:** Dr B D Mankad & Dr Kamlesh Upadhyay
12: 30 - 13: 00 **Changing Face of Management of T2 Diabetes**
 Dr Manoj Chadha
13:00-14:00 **Lunch**

14:00-15:00 SESSION - XI International Speaker Forum**Rapporteur:** Dr Swapnil Bhavsar**Chairpersons:** Dr Jiterndra Nagar & Dr Bharat Dabhi**14:00 - 14:30 SGLT2i for EARLY CARDIO-RENAL benefit**

Dr Peter Lin

14:30 - 14:50 Time in Range and Glucose Variability: The New Glycemic Metrics to Consider

Dr Viral Shah (USA)

14:50 - 15:00 Discussion - All Speakers**15:00-16:00 SESSION - XIII Pricks to Pumps in Diabetes Management****Rapporteur** Dr Yash Patel**Chairpersons** Dr Bhagirath Solanki & Dr Manoj Patel**15:00 - 15:15 Premix Insulin – Delivery Efficacy with Convenience**

Dr Pradeep Talwalkar

15:15 - 15:30 GLP 1 RA- Breaking Barriers with Injectable Therapies in T2 Diabetes

Dr Sonali Patange

15:30 - 15:45 10 Tips to Get Best Out of Insulin Pump Therapy

Dr Viral Shah (USA)

15:45- 16:00 Discussion - All Speakers**16:00-17:00 SESSION - XV Conventional and Non-Conventional Aspects of Metabolic Disease****Rapporteur:** Dr Vishal Shah**Chairpersons:** Dr Hamid Mansuri & Dr Aakanksha Pathria**16:00 - 16:15 Fatty liver and NASH the Overlooked Complication of Diabetes**

Dr Rakesh Sahay

16:15 - 16:30 Controversies in the Evaluation and Management of Dyslipidaemia in Patients with Diabetes

Dr P V Rao

16:30 - 16:45 Non-Glycemic Benefit of OADs- Should We Consider Them?

Dr Mayur Patel

16:45- 17:00 Discussion - All Speakers

- Rapporteur:** Dr Tirth Patel
Chairpersons: Dr Premal Thakor & Dr Mona Shah
17:00 - 17:15 Diabetes and Eye – What Physician Should Know?
 Dr Kush Patel
17:15 - 17:30 Shift Work Associated Metabolic and Genetic Dysregulation –Novel Insight
 Dr S V Madhu
17:30 - 17:45 Doctor Patient Interaction in Digital Era
 Dr (Prof) Rajesh Chandwani
17:45- 18:00 Discussion - All Speakers

18:00-19:00 SESSION - XIX Panel Discussion

- Moderator:** Dr Sushil Patel & Dr Yash Patel
Chairpersons: Dr Mayur Patel & Dr Mona Shah
Panellist : **Dr PV Rao** **Dr S V Madhu** **Dr Rajesh Rajput**
Dr Arundhati Das Gupta **Dr Ashwin Gadhvi**
Dr Vinod Abhichandani **Dr Manoj Vithlani**

19:00-20:00 SESSION - XX Work Life Balance

- Pujya Shri Gyanvatsaldas Swamiji**
20:00 onwards Dinner

Saturday, 11th January 2020

SARDAR PATEL HALL

14:00-15:00 SESSION - XII Bullets of Diabetes Management

- Rapporteur:** Dr Shivani Trivedi
Chairpersons: Dr V S Chandarana & Dr Dipak Aghara
14:00 - 14:15 Time to Change the Clinical Position of Metformin
 Dr Birju Mori
14:15 - 14:30 Smart Sulphonylurea
 Dr Piyush Desai
14:30 - 14:45 Glitazone: When and Why?
 Dr Jimit Vadgama
14:45- 15:00 Discussion - All Speakers

15:00-16:00 SESSION – XIV Indians' Diabetes Management

- Rapporteur:** Dr Shravan Dave
Chairpersons: Dr Nitin Rathod & Dr Vismay Naik
15:00 - 15:15 Managing Post Prandial Hyperglycemia
 Dr Sushil Patel
15:15 - 15:30 Getting the most out of Gliptins in Indian Patients
 Dr. Arundhati Dasgupta
15:30 - 15:45 Metabolical Legal Prescriptions
 Dr Vishwa Unadkat
15:45- 16:00 Discussion - All Speakers

16:00-17:00 SESSION – XVI Clinical Approaches in Diabetes Management

- Rapporteur:** Dr Jimmy Patel
Chairpersons: Dr Sushil Patel & Dr Tanish Modi
16:00 - 16:15 Diabetes: Clinician's Approach to Initial Visit and Revisits
 Dr Vivek Patel
16:15 - 16:30 Role of Nuclear Medicine in Metabolic Diabetes
 - Dr Amitabh Arya
16:30 - 16:45 Inpatient Management of Diabetes- Practical Tips
 Dr Om Lakhani
16:45- 17:00 Discussion - All Speakers

17:00-18:00 SESSION – XVIII Sub-Clinical Hypothyroidism

- Rapporteur:** Dr Kinjalkumar Shyani
Chairpersons: Dr Bhagirath Solanki & Dr Harshit Acharya
17:00 - 17:15 Basics of Sub-Clinical Hypothyroidism
 Dr Subodh Banzal
17:15 - 17:30 Sub-Clinical Hypothyroidism with Co-morbidities
 Dr Mona Shah
17:30 - 17:45 Management of Sub-clinical Hypothyroidism
 Dr Rajesh Rajput

20:00 onwards : Paper Presentations (Mahatma Gandhi Hall)

Sunday, 12th January 2020

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2020

MAHATMA GANDHI HALL

9:00-10:00 SESSION – XXI Impact India

Rapporteur: Dr Rhushvi Thakkar

Chairpersons: Dr Mikal Khanna & Dr Kiran Shah

9:00 - 9:15 **Practical Management of T2D: Available Options and Increasing Treatment Effectiveness**

Dr Jayesh Tripathi

9:15 - 9:30 **Practicing Diabetes Care in India: The Reality**

Dr Ramesh Goyal

9:30 - 9:45 **Striking the Right Balance in Insulin Therapy: Choosing an Appropriate Option**

Dr Akash Singh

9:45- 10:00 **Discussion - All Speakers**

10:00-12:00 SESSION – XXII Practice Enhancing Workshop III

Rapporteur: Dr Yash Patel & Dr Jimit Vadgama

Chairpersons: Dr Jitendra Patel & Dr Sunil Maniar

10:00 - 10:30 **Gender as key consideration**

Dr Chitra Selvan

10:30 - 11:00 **Comorbidities as key consideration: CVD**

Dr Deep Dutta

11:00 - 11:30 **Comorbidities as key consideration: CKD+**

Dr John Mathew

11:30- 12:00 **Summary and Collaterals**

Dr. Mayur Patel

12:00-13:30 SESSION – XXIII Interesting Cases from My Clinic
- How Panellists manage it?

Rapporteur: Dr Sushil Patel & Dr Vishal Shah

Case Presenter: Dr Padmanabh Zinzuwadia,

Dr Shishir Patel, Dr Rajesh Shah, Dr Dishank Patel

Clinicians: Dr Sanjeev Phatak, Dr Urman Dhruv, Dr Chitra Selvan,
Dr Deep Dutta, Dr John Mathew, Dr Navneet Shah

13:30 – 13:40 **Closing Ceremony**

13:40 – 14:30 **Lunch**

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SARDAR PATEL HALL

9:00 - 11:00 Holistic Health for Happiness
Shri Shahbuddin Rathod

11:00 - 12:00 "Make My Life" - Event for Type 1 Diabetes
Skits on Diabetes
Stop Diabetes: Public Awareness Program

Director: Dr Dishank Patel

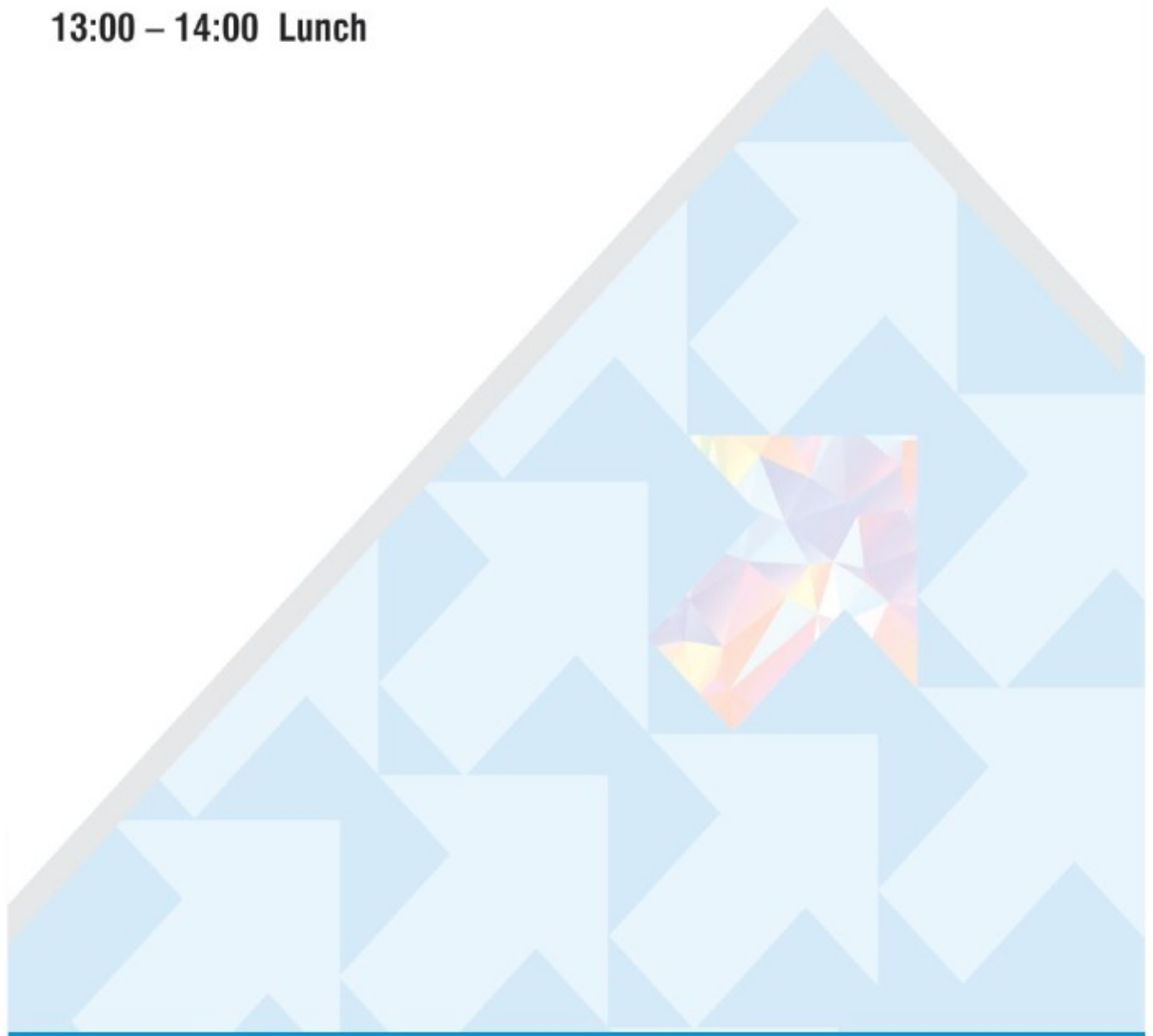
Chairpersons: Dr Kush Patel

10:00 -13.00 Hands On Workshops

- 1. Diabetic foot**
- 2. Insulin Pump**
- 3. CGMS**
- 4. Insulin Technique**

13:00 – 13:10 : Closing Ceremony

13:00 – 14:00 Lunch



THANK YOU FOR YOUR ACTIVE PARTICIPATION



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SHREEM

ABOUT SWASTHYACON 2020

Swasthya Diabetes Care is committed to bring world class expertise to medical and paramedical practitioners to reduce the burden of diabetes and its complications through various academic activities. Swasthya Diabetes Care has been recognized by the International Diabetes Federation (IDF) as "Centre of Excellence in Diabetes Care" and "Centre of Education".

After the grand success of SwasthyaCON 2019, we announce SwasthyaCON 2020 (International Conference on Metabolic Disease).

The theme of the conference is: "Be the Leader in Metabolic Disease Management". For the first time in India, we have organized "Practice Enhancing Workshops" and various "Boot Camps". The content of the conference is tailored made to make it more relevant and valuable in clinicians' day to day practice and it will enhance the confidence level to provide quality services to their patients.

During SwasthyaCON 2020, we will also discuss innovations in diabetes management, difficult to manage cases, open discussion forums, debates on controversial topics and a lot more activities by the best-in-class speakers across India and the globe.

We look forward to host you at the "SwasthyaCON 2020" on 10th-12th (Friday-Sunday) January 2020 at Ahmedabad.



**Organising Secretary
Dr Yash Patel**

**Meeting
you
Soon**

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SWASTHYA Opp. Jaymangal BRTS Bus Stop,
132 ft Ring Road, Naranpura, Ahmedabad - 380013 INDIA
Phone: +91 79 2743 9977 / 7799 | Mobile: +91 93742 23837
Email: swasthyacon@swasthyaindia.com

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